TAKING THE WAR OUT OF WORDS

THE POWERFUL USE OF NON-DEFENSIVE COMMUNICATION

4740 Folsom Boulevard, Suite C
Sacramento, CA 95819

A Symposium for Mental Health, Legal and Affiliated Professionals

Friday, October 5, 2012
McGeorge School of Law
3200 Fifth Avenue
Sacramento, California 95817

Sharon Strand Ellison, M.S.
Presenter/Author

Sacramento Collaborative Practice Group
www.divorceoption.com

Sharon Strand Ellison earned a B.A. in Sociology at Willamette University in Salem, Oregon, in 1965 and received an M.S. in Interdisciplinary Studies in Juvenile Corrections at the University of Oregon in 1973. More than thirty years ago, she developed pioneering communication programs for children and parents, taking her sessions out of the office and into the home, school and playground environments. She serves as keynote speaker for conferences in many professional fields, including business, education, government, health care, law and social services. Her clients include Hewlett Packard, The Smithsonian, Centre for Dispute Resolution (London, England), and the United States Department of Justice. She was a nominee for the "Leadership in a Changing World" Award, sponsored by the Ford Foundation and the Advocacy Institute.

 "A truly superb book applicable to all situations and relationships and a source of hope for everyone."

Anna Belle Kaufman
MFA, MA, MFT, ATR
Symposium Program

Session 1  9:00 - 10:30 a.m.

The Root of Our Communication Patterns
Understand how defensiveness functions in our lives and can lead to hurtful power struggles, outlining patterns such as self-betrayal, blame or vindictiveness. Discover the missing link that bridges the gap between the desire and the ability to communicate effectively.

Morning Break  10:30 - 10:45 a.m.

Session 2  10:45 - 12:30 p.m.

Eliminate the Power Struggle
Learn how to change language to defuse defensiveness and to resist creating conflict. This System for Communication can eliminate the power struggle in human interactions.

Lunch  12:30 - 1:30 p.m.

Session 3  1:30 - 4:30 p.m.

Communication Methods
Gain valuable knowledge and skills about powerful non-defensive language.

- Learn how to ask disarming questions that prompt others to drop their defenses and open up
- Give direct feedback to others without being judgmental
- Express beliefs, feelings and ideas passionately without being adversarial
- Set firm boundaries that create security and clear expectations

For further information, contact Lindie Newlin at (916) 455-5200 or email Lindie@DivorceWithRespect.com. Please visit www.divorceoption.com for additional details.

Continuing Education

Attorneys: Bartholomew & Waszkiewicz LLP (BW) is a State Bar of California approved MCLE provider and certifies that this course meets the requirements for 6.5 hours of MCLE credit.

MFTs/LCSWs: BW, California Board of Behavioral Sciences (BBS) provider #2844, certifies that this course meets the qualifications for 6.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California BBS.

Psychologists: Application for continuing education credits in progress.

Taking the War Out of Words: The Powerful Use of Non-Defensive Communication
REGISTRATION FORM
McGeorge School of Law
Sacramento, California
Friday, October 5, 2012

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